

ՄԵՀՐԱԲՅԱՆԻ ԱՆՎԱՆ ԲԺՇԿԱԿԱՆ ՔՈԼԵՋԻ
ՏԵՂԵԿԱԳԻՐ



ВЕСТНИК
МЕДИЦИНСКОГО КОЛЛЕДЖА
ИМ. МЕГРАБЯНА

**BULLETIN
OF THE MEDICAL COLLEGE
AFTER MEHRABYAN**

VOL. 16 TOM

ԵՐԵՎԱՆ 2024 YEREVAN



Dear colleagues!

The Armenian State Institute of Physical Culture and Sport as a unique Higher educational institution in the region has its constant investment in Sports Science, the Doctors and professors of the institute share their scientific thoughts, discoveries and achievements in leading journals and collections.

I am profoundly grateful for your talent, your dedication, and your willingness to share your knowledge with all of us, your researches with the world, for the countless hours of work and discovery included in your journal.

I wish your journal a progressive future, may it pave the way for groundbreaking discoveries, foster collaboration, and inspire generations of researchers. Wishing you success in illuminating the path of knowledge.

Sincerely,

PhD in Pedagogy, associate professor,
Rector of «Armenian State Institute
of Physical Culture and Sport» foundation

Tigran Simonyan



Esteemed Authors and Editorial Board Members,

The dedication you exhibit in the field of medical science is truly commendable. Such work demands not only a profound commitment but also significant amounts of time, energy, and relentless hard work. Science is a realm where we can unfold the mysteries of the world around us. It delivers solutions to daily challenges and offers answers to some of the greatest questions we face. At the heart of scientific inquiry is creativity – a vital skill for all researchers.

As you navigate the challenging path of scientific exploration, I wish each of you – authors and editorial board members a like – creative breakthroughs and success. May you overcome all obstacles, achieving new heights in your professional endeavors and personal lives.

Best regards,

Doctor of Law, Professor,
Founder-Rector of Yerevan
Gladzor University, Armenia

Zhora Jhangiryan



ՀԱՅԱՍՏԱՆԻ ՀԱՆՐԱՊԵՏՈՒԹՅՈՒՆ
ՄԵՀՐԱԲՅԱՆԻ ԱՆՎԱՆ ԲԺՇԿԱԿԱՆ ՔՈԼԵՋ

ՏԵՂԵԿԱԳԻՐ

РЕСПУБЛИКА АРМЕНИЯ
ВЕСТНИК
МЕДИЦИНСКОГО КОЛЛЕДЖА
ИМЕНИ МЕГРАБЯНА

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«ВЕСТНИК» Медицинского колледжа имени Меграбяна является научно-информационным органом медицинского колледжа, в котором представлены теоретические и практические научно-образовательные монографии, статьи, работы и предложения армянских и иностранных ученых в сфере общественного здравоохранения и медицинского образования. Все статьи содержат ключевые слова, краткие аннотации на разных языках с целью облегченного доступа исследователей.

«BULLETIN» of the Medical College after Mehrabyan is the scientific and informational body of the Medical College, which presents theoretical and practical scientific and educational monographs, articles, works and proposals of Armenian and foreign scientists in the field of public health and medical education. All articles contain keywords, brief annotations in different languages for easy access by researchers.

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◆ ПСИХОЛОГИЯ ◆ PSYCHOLOGY ◆
◆ ՀՈԳԵԲԱՆՈՒԹՅՈՒՆ ◆

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ПСИХОЛОГИЧЕСКОЕ ЗНАЧЕНИЕ САМООБРАЗОВАНИЯ

Айман Оразгалиевна Каудырова

*К.ф.н., профессор,
Казахский национальный университет искусств,
г. Астана, Республика Казахстан
akaudyrova@gmail.com*

Аннотация. В статье рассматривается самовоспитание учащихся – сознательное, систематическое действие личности по устранению собственных недостатков, а также процесс формирования положительных качеств, учитывающих его личность и развивающих его ответственность к общественным требованиям.

Ключевые слова: рефлексия, организм, интроверсия, экстраверсия, образование.

PSYCHOLOGICAL MEANING OF SELF-EDUCATION

Kaudyrova Aiman

*PhD, Candidate of Philological Sciences, Professor,
Kazakh National University of Arts,
Astana, Republic of Kazakhstan
akaudyrova@gmail.com*

Abstract. The article examines self-education of students - a conscious, systematic action of an individual to eliminate their own shortcomings, as well as the process of forming positive qualities that take into account their personality and develop their responsibility to social demands.

Keywords: reflection, organism, introversion, extroversion, education.

ԻՆՔՆԱԿՐԹՈՒԹՅԱՆ ՀՈԳԵԲԱՆԱԿԱՆ ԻՄԱՍՏԸ

Աիման Օրազգալիևնա Կաուդիրովա

*Բ.գ.թ., պրոֆեսոր,
Հազախստանի արվեստի ազգային համալսարան,
ք. Աստանա, Հազախստանի Հանրապետություն
akaudyrova@gmail.com*

Ամփոփագիր: Հոդվածում քննարկվում է ուսանողների ինքնակրթությունը՝ անհատի գիտակցված, համակարգված գործողությունը՝ սեփական թերությունները վերացնելու համար, ինչպես նաև դրական որակների ձևավորման գործընթացը, որոնք հաշվի են առնում նրանց անհատականությունը և զարգացնում են իրենց պատասխանատվությունը հասարակության պահանջների նկատմամբ:

Հիմնաքաներ՝ արտացոլում, օրգանիզմ, ինտրովերսիա, էքստրավերսիա, կրթություն:

The main reason for this is that the people who live in the region are often called upon to carry out their duties. In order to achieve this, we must first understand the principles of moral and psychological development, to understand the emotional state and the moral values of society. The psychologist's work involves the use of reflection and self-reflection techniques, which, in turn, leads to the development of new knowledge and skills, which is a great advantage [1: 11]. On 15th of July, the government began to use the word «speak» to describe the situation and to express its gratitude. The mental health of a person is normal. The children of the village are very happy and we wish them happiness and peace. The word «balalaika» means «too much» and means «too much» and «too much» Retinde vaymdalady.

Alayda was given the opportunity to learn more. The idea of a family life is to help people remember their past, and to help them achieve their dreams. This is a great way to get rid of the disease. Egocentrism is a form of neuroticism that can lead to serious or even fatal consequences. As a teacher, you should always pay attention to the importance of professional development and formal education. Alayda should not be afraid of the consequences of a crime or a crime. The author of the article «On the Approach to Social Development» is a specialist in psychology and reflection, which is a great help in understanding the psychological and social aspects of life, and in the development of social networks, which allows people to express their feelings.

The concept of reflection and intensive thinking (introversion and extroversion, etc.), typology (introversion, extroversion) and personality traits (basic knowledge, personal development, and so on) are factors that influence the development of personality, and the development of social networks. The goal of the project is to increase the number of employees, to improve their skills, and to provide them with additional information about the situation, reflect on the situation and to solve problems more effectively. But, unfortunately, the days of the war are hard. The purpose of this article was to provide the necessary information for the development of the language [2: 67]. The idea of a person who has a passion for Belarusian culture is to use it to achieve his goals, but the result is that he will not be able to continue to do so. The word «sweet-heart» is synonymous with «sweetheart». We hope that our people will not be disturbed by this decision, but we will continue to do so. In general, the main thing is to use the information provided by the author to create a personalized, informative and effective solution.

Psychologists' criteria for professional development are the basis of their practice. The practitioners of the school are encouraged to take part in the training of students and teachers, and to do so they are given the opportunity to gain more knowledge and skills. The general rule of thumb is that the normal course of action should be to ensure that the population is well-

prepared for the job. Therefore, the general public should pay special attention to the importance of the quality of life and the quality of life of the population. These include presentations and ethical discussions, lectures, debates, seminars and conferences, and other educational activities, such as lectures, discussions, discussions, and other educational activities. The information contained in the text is used to determine the exact location of the object. The author of the article notes that the author of the article uses formal and informal methods to describe the problems of psychological and educational work, and that the author of the article notes that the author of the article must first determine the formal methods of work. The aim of this study is to provide students with the necessary knowledge and methods to achieve their goals.

The experts in the field of social engineering and the environment are encouraged to use the information provided by the experts to determine the level of knowledge, skills and experience of the population, and to determine the type of psychological situations that the population is facing. The idea of a national hero is to create a moral compass for the people of the region. The main purpose of this article is to provide information about the importance of the property, the quality of life ... The purpose of this article is to provide information about the importance of the development of the culture and the development of the culture. The main goal of this project is to increase the number of employees, to increase the number of employees, and to improve the quality of life of employees. The teacher's work as a teacher should be done in a way that will help him or her achieve his or her goals and to help them achieve their goals.

During this process, the teacher must learn to understand the process of learning and the teacher must be able to do so. The psychological state of the body is determined by the nature of the body and the level of mental health. The main purpose of this article is to provide information about the importance of the development of the economy. Therefore, the psychological characteristics of the brain are often used to describe the symptoms of brain damage, which is a symptom of the psychological characteristics of the brain. In the meantime, the Kazakh language is used to describe the phenomenon of 'strife'. The purpose of this article is to provide information about the importance of the development of the economy and to increase the number of employees.

The purpose of this article is to provide information to people who have been trained in this field, to help them achieve their goals, and to help them achieve their goals. The concept of the theory of philosophy is based on the ideas of philosophers, psychologists, physiologists and pedagogical scientists. Idealistic philosophy and psychology:

These are the principles of idealism, philosophy and psychology; The results are very positive, and the results are very positive. I am an idealist philosopher who is a man of great wisdom, who loves and respects the people and who is very kind to them. Although philosophy is a form

of idealism that is deeply rooted in existentialism, many people believe that this is the idealism of many people. The French existentialist Satir «Adam must understand that he has nothing to fear» – that is, he must understand the material, the material, the story and the information he has collected – so that he can understand the meaning of this word.

The theoretical basis of this theory is the idea of the author's life and work. This theoretical basis is based on the idea of the ability to understand, understand, and express oneself in a meaningful way. The main reason for this is that the child's life is not spent on education. The purpose of this article is to increase the number of employees and to provide them with additional financial assistance [3: 6]. The author of this article is a specialist in the field of social development, and he is a great teacher and teacher. Complaints are welcome and should be taken with a grain of salt, as long as the person concerned has the right to express his/her thoughts. Adam then began to talk about his father's actions and his wife's actions. In general, the idea of the ... The concept of self-esteem, self-esteem and self-confidence are the main principles of psychological research, teaching, and research. The author of the article notes that the author of the article is a woman who has a strong sense of security and who is a woman who is afraid of losing her husband. He also notes that the author of the article notes that the author of the article is a woman who has a strong sense of security and who is afraid of losing her husband [3].

The idea of using the word «sweet» to describe the situation and the role of the sphere of influence is to increase the likelihood of success. All types of people, whether physical, emotional, intellectual or aesthetic, are at odds with each other. Adam is an American, a professional, and a non-profit organization, and he or she is a member of the Belgian government. The psychologist's opinion is that the main goal of the psychologist is to increase the number of people who have been trained in psychology [3]. The idea of a retinue is to give birth to a woman who is afraid of danger. In order to achieve this, the body and the woman must take care of themselves and their health, and to do so they must be able to live in harmony with the environment. The body and soul of the person must be healthy and alert to the consequences. The idea of using the word «religious» to describe the situation is to give birth to a child and to teach him/her something new. The physical and chemical properties of organisms are determined by the number of elements present in them. The nerve of the body is called the nerve root. The study showed that the effects of chemical (endocrinogenic) and reactive oxygen species, psychological reactions, and reactive oxygen species are usually accompanied by reactive oxygen species. The author of the article «Psychological Intelligence» has shown that he is a psychoactive agent. The psychological stress of a person is a serious problem, it is a burden and an obstacle to growth, it is a serious problem, and it is a serious problem to solve. The psychological aspect of this phenomenon is that it is necessary to take into account the psychological aspects of the phenomenon [4: 228].

The author of the article is a psychologist and a hysteric, and this is why he has been using this term for so long. If you are a woman, you will receive a lot of money from her husband and her children. The coins are listed. The goal of this project is to increase the number of people who have lost their jobs and to provide them with additional benefits. The Qatari people are encouraged to take action to increase their income. Some of the mechanisms used to control the movement of animals are called the «slow-moving» or «slow-moving» mechanisms [5: 48].

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г. Ереван, ул. Абовяна 41.

Тел.: (+374 91) 40-27-97 (моб.), (+374 94) 40-27-97 (моб.)

E-mail: dd1dd@mail.ru



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